

ZIKAVIRUSFACTS

Transmission

Zika Virus is most commonly transmitted by a bite from the *Aedes aegypti* mosquito (99.2% of cases), but it has been confirmed that Zika can be transmitted via sexual contact or blood (.8% of cases).



Symptoms



1 in 5
people with Zika
exhibit symptoms

Symptoms of Zika Virus are typically mild, including fever, headaches, joint pain, skin rash, and pink eye, presenting 3–12 days of exposure. Symptoms last 4–7 days. Contracting Zika Virus while pregnant can be very dangerous to the unborn child.

ATGREATESTRISK

Zika & Pregnancy

Unborn babies whose mothers contract Zika can develop birth defects, including microcephaly (a condition where the brain and skull do not fully form, resulting in physical/intellectual abnormalities).



UNKNOWN
Likelihood of birth defects
or trimester-level risk

Prevalence

45

countries in epidemic



Zika Virus is considered “epidemic” in 45 countries. Zika has been reported in all 50 U.S. states, except Alaska. The mosquito that spreads Zika has now been found in south Florida and Texas.

Treatment

0 vaccines or
medicines
for Zika



Prevention

Your best defense against Zika is to reduce your exposure to mosquitoes. Also, avoid travel to high-Zika areas, and use condoms during sexual activity with a partner who has traveled, especially if you are pregnant.



Eliminate standing water in flowerpots and under faucets.



Make sure screens on doors and windows are intact.



Use mosquito repellent and spray over clothes. Wear long sleeves and pants when outdoors.

Report Zika or mosquito-breeding grounds to your Health Department by calling 928-402-8811